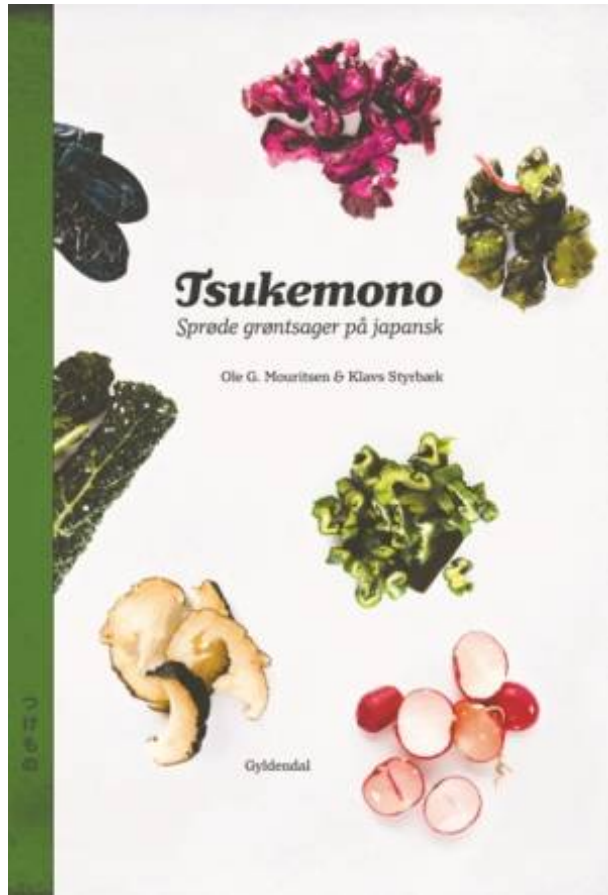


# Tsukemono



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<b>Udgivet:</b>	10. oktober 2017
<b>ISBN:</b>	9788702242157
<b>Forlag:</b>	Gyldendal
<b>Kategori:</b>	Mad og drikke
<b>Sprog:</b>	Dansk

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Tsukemono fremstilles oftest af grøntsager, men også af frugter; og vi vil måske kalde det 'syltede sager.' Tsukemono er dog langt mere end bare en måde at konservere frugt og grønt på. Bogen er det første forsøg, også i international sammenhæng, på at bringe den japanske tradition med tsukemono ind i en større sammenhæng, som også omfatter kulturhistorie, videnskaben bag tilberedningsteknikkerne og smagen, alt sammen kombineret med forfatternes personlige erfaringer med i en årrække at have interesseret sig for og konkret arbejdet med at lave sprøde grøntsager inspireret af det japanske køkken.

Tsukemono betyder 'noget, der er udblødt eller marineret.' Mange kender allerede japanske retter og fødevarer som sushi, sashimi, ramen, teriyaki, misosuppe og sojasauce, men tsukemono? I virkeligheden er tsukemono en lige så almindelig del af et traditionelt japansk måltid som misosuppe, og japanere spiser tsukemono til ethvert måltid.

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Yet they've rightfully earned their place as a cornerstone food because they serve an important purpose: Japanese food culture is heavily influenced by principles of balance handed down from kaiseki (the national ... Tsukemono: Japanese Pickling Recipes [Ikuko Hisamatsu] on Amazon. Tsukemono is never in ... Quick & Easy Tsukemono: Japanese Pickling Recipes [Ikuko Hisamatsu] on Amazon.

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